

TANDEM TALK

W.A.T.C.A.C. Newsletter

Issue 8 - November 2002

The "Silly Season" is getting closer by the minute. Have you done all your Christmas Shopping yet!!! The weather is warming up so don't forget to take extra water out with you on your rides, or make regular stops to take in fluids. Remember, you should be Drinking well before you feel thirsty, as it is usually too late by then and you may become dehydrated. I would love to hear from members with articles that I can put into our newsletter. They can be anything from a healthy recipe, a great place to ride, a nice coffee shop to stop at or even a good joke to share, just phone or e-mail me, Lyn Lepore editor.

A G M

The AGM was held on Wednesday, 27 November, thanks to all those members who attended. A new committee was voted in and their names and positions are listed below. Thanks go to our out going President, Greg Madson, who gave a great deal of time and commitment in leading the committee over the past 12 months. Also, thanks to all the committee members for their hard work and dedication in making the last 12 months very successful with regards to our Recreation Program. In the coming year it is proposed that there will be even more focus on recreation rides as well as cycling clinics and development. Any member wishing to have a copy of the minutes can phone Adriana Lepore on 9276 9018. Attached is the President's Report from Greg Madson as well as the WATCAC 2003 Operational Plan Summary, which were discussed at the meeting.

Committee:

President: Adriana Lepore
Vice President: Greg Madson
Secretary: Hab Collier
Treasurer: Gaele Sutherland
Program Co-ordinator: Vacant
Equipment Officer: Leonard Goedhart (Elsa Lepore to assist)
Committee members: Keith Clark
Ray martlew
Lyn Lepore

MEMBERSHIPS

2003 memberships are now available and a membership form is attached for your convenience.

WATCAC CHRISTMAS PARTY/RIDE

The next social ride will incorporate the WATCAC Christmas barbecue lunch. It will be held on Saturday, 14 December 2002. A flyer has been sent out to all members, so see you there!

MEMBER PROFILE

We want to know all about you - your good side, your bad side and especially your amusing side!! Please complete the attached WATCAC Member Profile and return it to Lyn Lepore. Thanks Keith for your great profile below.

Name: Keith Clark

Nickname: Superman

My best moment in Sport was: Ausie Rules debut at 47 yrs - played with 2 youngest sons. (2) State age triathlon champion.

Favourite person & why: Trish, a complete package.

Favourite athlete & why: Lance Armstrong, for overcoming huge adversity and winning.

My favourite hobby/pass time is: Triathlons.

Superstitions: Always turn your hat upside down so your luck doesn't run out.

My favourite piece of clothing: Olympic hat Sydney 2000.

My most embarrassing moment is: Having the lycra in my speedos give up during swimming training. (not a good look)

I'd hate to be without: Visa card.

If I have achieved anything in life, it is: Raised 3 boys to young manhood without murdering them.

Favourite website: WWW.triwa.org.au

The best advice my Mum/Dad gave me is: Do unto others.

The best job I have ever had: Managing aquatic/recreation centre

The worst job I have ever had: Selling insurance to the coloured people of Africa.

Favourite relaxation: TV and bed.

My greatest weakness is: Chocolate biscuits

FUNDRAISING

Thanks to all those members who help during the past year with all our fundraising projects. WATCAC met it's target for this year and we hope to increase that target for the coming year. We will be selling the chocolates and having a movie fundraiser again as these 2 events worked well this year. The Harry Potter fundraiser movie we had in November was very successful and many thanks to members for helping sell tickets.

CYCLING CLOTHING FOR SALE

Sigma Cycling Jersey (made in Italy) - (Large) \$15

Australian Institute of sport Cycling Jersey - (Medium) \$15

"Festina" bib suit (these are cycling nicks with straps that go over the shoulders, very comfortable) \$15

"Gan" Cycling outfit (Jersey plus bib suit) Size 4 - \$30 for the set

Betskin long leg tights (good for winter over your nicks) Size: Medium \$10

"Look" Cycling jersey - Size: XL \$15

If you have any cycling stuff you may want to sell or give away, then please let Lyn know on 9249 8532 so that it can be put into the next issue.

Editor's' contact details:

Lyn Lepore: 42 Kiandra Parade, Ballajura WA 6066

Tel. (H) 9249 8532 (M) 0422 064 060

Email: tandeml@iprimus.com.au