

TANDEM TALK

W.A.T.C.A.C. Newsletter

Issue 4. - November 2001

It's that time of year when we need to dust off our deadly tredlies (the tandem) and give it a good cleaning for the spring/summer season. Spring is in the air everywhere I look around. Sounds like a song coming on, don't you think! This is the perfect time of year to enjoy your tandem riding, be it racing or recreational, so get out there and experience these lovely days while they are here.

This issue is going to be a bumper issue with our regular features as well as such things as our A G M, the recently held State Time Trial and the European Championships and much more.

MEMBERSHIPS

This newsletter can be produced in the following formats: (a) normal print; (b) large print; (c) Email; (d) audio tape; (e) 3 & a half inch floppy. Please let me (Lyn) know what format you would prefer. A reminder that 2002 memberships will be due at the A.G.M, we will accept cash or cheques. So don't forget to come prepared.

ANNUAL GENERAL MEETING - WATCAC

What! A year has already gone past, doesn't time fly when you're having fun. The A G M will be held on Wednesday night, 28 November 2001 and will commence at 7pm. It is very important that everyone attends this meeting as you get to have your say and elect the committee who will be working hard to ensure that you keep enjoying your cycling. There will be an open forum with some guest speakers and this will be a good chance for you (the members) to have your say. So, I urge you all to come and make a difference. A letter will be sent to you shortly with all the details of the meeting.

FUN RIDE AND BAR-B-CUE

DATE: Sunday, 18 November 2001

TIME: 9.30am

WHERE: We will all be meeting at the Association for the Blind, Sunbury Road, in the car park.

This is going to be a fun day for all your family and friends to come along and enjoy the scenic Perth foreshore. We will be meeting up with another tandem group at Burswood

and riding together along the cycle paths and stopping off for coffee along the way. After the ride there will be a bar-b-cue at Burswood so bring a picnic lunch or cook your own, as there will be bar-b-cues available.

If you are unable to get a front rider, and wish to participate on the ride, you will need to contact Keith Clark as soon as possible to arrange a front rider. If you do not contact Keith then it is assumed that you have a front rider. Anyone wishing to come along and join in the coffee stop and picnic lunch, but, not ride on the tandem is very welcome to do so and we will have a bus which will follow the riders.

Everyone wishing to come along and enjoy the day, please phone Keith Clark on (H) 9414 5154 or mobile 0438 145 154.

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CHRISTMAS PARTY

DATE: Sunday, 16 December 2001

TIME: 11am onwards.

WHERE: South Perth fore shore (bar-b-cues will be available)

Come along and join in the festivities! It will be B.Y.O. food and drinks. Bring the whole family and enjoy the riverside views. It will be a great time to catch up with everyone, so put this date in your diaries, now! A letter will be sent to you shortly with all the details on exact location etc.

MEMBER PROFILE

Thanks Mark for sending in your profile. I'd like to take this opportunity to wish you all the best in whatever you do, from everyone here at WATCAC.

Please send in your Member Profile so that we all can get to know you a little better. A Member Profile form is attached, so get writing.

"Tandem Talk" Member Profile

Name: Mark Mc Laughlin

Nickname: Chocko (An Italian in primary school couldn't pronounce McLaughlin, and it has stuck ever since)

My best moment in Sport was: My first ride on a tandem on the track with Brett - hooked within minutes.

Favourite person & why: Dick Smith - rich without airs, and an adventurer and good Aussie.

Favourite athlete & why: none.

My favourite hobby/pass time is: Getting new tatts and making functional art pieces from recycled wood and rusty metal and riding my BMX, mountain and road bikes.

Superstitions: To be superstitious.

My favourite piece of clothing: Phantom T-shirt.

My most embarrassing moment is: Public speaking in front of 500 people for the first time. Reading a poem I wrote of sobriety and struggles.

I'd hate to be without: My pocket knife.

If I have achieved anything in life, it is: Picking myself up out of the gutter and learning to live and like myself again! Nine years ago! Good doogs!

Favourite website: A red back spider's... that lives outside our front door.

The best advice my Mum/Dad gave me is: Save and pay cash.

The best job I have ever had: Off side drilling in the Sandy Desert going to and from work in a helicopter every day.

The worst job I have ever had: Sewerage Plant attendant (shitty job or what?)

Favourite relaxation: Meditation, riding my bikes, music and reading.

My greatest weakness is: Allens snakes alive

Any other information you'd care to share: I'm an adopted sand groper from South Australia, Glenelg 30 years ago. I've fallen in love with the Darling Ranges.

DID YOU KNOW!!

The Road Traffic Authority has introduced a new law that all bikes, be it recreational or racing etc., must have a bell on the bike. This law applies whether you are riding on a cycle path or public roads. If you are caught without a bell on your bike you can be fined \$50 on the spot. For those riders using WATCAC bikes, Gaele has bicycle bells available, so please contact her on 9446 3416 to arrange a bell for your bike.

Thanks to Keith Clark for keeping us up to date.

CLEATS Newsletter

Cleats is a newsletter produced by Western Australian Cycling Federation (WACF) and up until recently it was posted to all licenced riders and members of WACF. From now on Cleats will be available by Email or on the WACF website. All licenced riders and members of WACF, must give their Email address to the WACF office so that they can receive future issues of Cleats (note; Cleats is produced in Microsoft Publisher format, so if you do not have this program then you will not be able to open it). Members of WATCAC who do not have an Email address and are licenced riders with WACF will need to advise me (Lyn) so that I can organise a copy to be mailed to you.

Contact details for WACF:

Robyn Withers Phone: 9287 1700

Email address: wa.info@wa.cycling.org.au

Website address: www.wa.cycling.org.au

2001 "Be Active" WADSA Road Time Trial Cycling

State Championships
Sunday 2nd September 2001

RESULTS

HANDCYCLISTS

	LAP 1	LAP 2	LAP 3	PLACE
Bob	22.09	45.35	1:09.08	1
Peter	23.15	47.03	1:10.21	2
Tom	24.59	51.39	1:18.34	3

TANDEMS

	LAP 1	LAP 2	LAP 3	LAP 4	PLACE
Keith/Mike	17.38	35.26	53.14	1:01.16	1
Fe/Janette	19.13	37.50	56.46	1:15.32	3
Man/Billy	18.16	36.50	56.17	1:16.48	4
Dar/Andrew	16.41	33.46	50.58	1:08.33	2
Leon/Tony	15.29	-	-	-	DNF

SINGLES

	LAP 1	LAP 2	LAP 3	LAP 4	PLACE
Andrew	19.49	37.09	54.32	1:10.12	1

CEREBRAL PALSY

	1500m	5000m
Garth	2.5647	10.2427

2001 EUROPEAN CHAMPIONSHIPS (Results)

2001 EPC European Cycling Championships
8th - 15th September 2001
Switzerland

The Australian Paralympic Cycling Team competed at the above Championships by invitation and maintained their No. 1 ranking with a medal tally of 11 Gold, 6 Silver & 2 Bronze. The nation with the next best result was Germany with a medal tally of 8 Gold, 3 Silver & 10 Bronze.

The Australian Team attended a training camp in Avezzano, Italy to assist with their preparation for this event. The training camp was a huge success and APC Cycling Head Coach, Kevin McIntosh is keen to conduct a training camp in Avezzano for the next 3

years in the lead up to Athens 2004.

WA Team members contributed to the above excellent result winning 3 Gold, 1 Silver & 1 Bronze as follows:-

Cerebral Palsy Div 2:

Mark LeFlohic;

Road Time Trial 17km Gold

Road Time Trial 4.3km Gold

Amputee/LC1:

Mathew Gray:

1000m Time Trial Bronze

4000m Pursuit 6th place

Road Race 87.4km 5th place

Road Time Trial 17.2km 15th place

Paul O'Neill:

Road Race 87.4km Gold

1000m Time Trial 6th place

4000m Pursuit 7th place

Road Time Trial 17.2km 7th place

Mixed Tandem:

Lyn Lepore & Eddy Hollands:

Road Race 70.3km Silver

Road Time Trial 17.2km 4th place

3000m Pursuit 5th place

1000m Time Trial 9th place

Other Team members from WA included Darryl Benson (Asst. Coach), Paul Lamond (Mechanic) and Elsa Lepore (Team Manager).

Full results are available at www.plusport.ch/deutsch/em2001special/english/index.htm

TRASH AND TREASURE

If anyone has anything they would like to buy, sell or give away, that has to do with cycling/bikes clothing, equipment etc. please Phone or Email me (Lyn) & I will put it in the next issue of our newsletter for you.

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4/02/2010

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